



## **WSCA Upper School Diabetic Guidelines**

Revised September 2016

**1. Student are required to stop in the health room once per day, prior to lunch, to log their current blood glucose reading, along with any corrective insulin doses they are giving themselves, if corrective doses are available at the time of check in.**

- We believe this is consistent with our core value of cultivating accountability and responsibility among our students and staff.
- The school nurse will make every effort to be present in the upper school health room from 11:10-11:35 AM to receive this information from your child. If the nurse is detained in the lower school, the upper school secretary will take the information for the nurse to review.

**2. Students are required to safely dispose of all sharps. Students must stop in the health room to dispose of sharps at any time throughout the school day.**

- This will ensure the safety of other students and faculty which is consistent with our core value of respecting others.
- In the case that your student is reloading their lancet for use throughout the day, it is not necessary for them to dispose of it; but rather contain it, unexposed, within their diabetic care supplies and away from other individuals.

**3. If your student is taking insulin injections they must report to the health room for all insulin injections throughout the day. Anytime a student uses an exposed needle containing medication, it must take place in the health room.**

- This allows your student to check the dose with the nurse, dispose of sharps, and have the freedom to give their own injection with privacy, avoiding the concern of sharps coming into contact with surrounding students. This is consistent with our core value of respecting others.
- If your student is on an insulin pump, they may dose insulin corrections through the pump without coming to the health room. Students on pumps would only be required to report to the health room for insulin dosing if the pump malfunctions and they need to inject insulin manually, or in the case that they need to change their pump needle and dispose of the sharp.

**4. Students are required to provide an annually updated diabetic action plan, completed by your child's physician.**

- This is vital to ensuring that our nurses are aware of how to treat your child in the case of an emergency. If you have not yet submitted an up-to-date action plan, please have it completed and forwarded to our health room as soon as possible.



**5. Students are required to provide extra diabetic supplies to be kept in the Upper School Health Room.**

- If you have not done so already, please send these supplies as soon as possible, including glucagon, providing quick access in case of an emergency.

**6. Students are required to come to the health room if they are experiencing symptoms of hyperglycemia or hypoglycemia.**

- In the case that it is unsafe for your student to walk to the health room due to dizziness, light-headedness or other symptoms that would make walking unsafe, please have your student stay where they are and communicate their needs to the teacher. The teacher will then call down to the office requesting the nurse to come to the location of your student to assist them.
- Please talk with your student about the importance of making the nurse aware of any health concerns they are experiencing.

Please sign below to acknowledge you have read and agree to the guidelines provided.

Upper School Principal (print and sign)

MASD School Nurse (print and sign)

WSCA School Nurse (print and sign)

Parent signature: \_\_\_\_\_ Date: \_\_\_\_\_

Student signature: \_\_\_\_\_ Date: \_\_\_\_\_