



WSCA Lower School Diabetic Guidelines

Revised September 2016

1. Students are required to stop in the health room once per day, prior to lunch, to check their blood glucose level via finger stick, and determine insulin dosing with the school nurse. The school nurse must either administer, or observe the student administer, the insulin injection after checking the syringe for correct dosage. If your student is on a pump, they will check lunchtime blood glucose and insulin pump doses with the school nurse.

- We believe this is consistent with our core value of cultivating accountability and responsibility among our students and staff.
- The school nurse will make every effort to be present in the lower school health room from 11:55-12:10pm to receive this information from your child. If the nurse is detained in the upper school, the lower school secretary, will be available to oversee the finger stick for blood glucose, and call for the school nurse. If the nurse is absent and no substitute is found, a parent must come in at lunchtime to help the student check blood glucose and dose insulin.

2. Students are required to safely dispose of all sharps in the red sharps container located in the lower school health room. Your student may not have lancets or needles exposed in locations other than the health room.

- This will ensure the safety of other students and faculty which is consistent with our core value of respecting others.
- In the case that your student is reloading their lancet for use throughout the day, it is not necessary for them to dispose of it; but rather contain it, unexposed, within their diabetic care supplies and away from other individuals.

3. If your student is taking insulin injections, they must report to the health room for additional insulin injections throughout the day. Anytime a student uses an exposed needle or lancet, it must take place in the health room.

- This allows your student to check the dose with the nurse, dispose of sharps, and have the freedom to give their own injection with privacy, avoiding the concern of sharps coming into contact with surrounding students. This is consistent with our core value of respecting others.
- If your student is on an insulin pump, they must report to the health room for all finger sticks and the lunchtime insulin dose. The parents and nurse should conference regarding additional insulin doses through the day. They may be done in the health room or classroom environment depending on the student's ability to manage the pump, the parents preference, and the doctors orders. These students should report to the health room for nursing assistance in the case of insulin pump malfunctions. If troubleshooting the pump is required, a parent will be contacted by the school nurse.

4. Students are required to provide an annually updated diabetic action plan, completed by your child's physician.

- This is vital to ensuring that our nurses are aware of how to treat your child in the case of an emergency. If you have not yet submitted an up-to-date action plan, please have it completed and forwarded to our health room as soon as possible.



5. Students are required to provide extra diabetic supplies to be kept in the Upper School Health Room.

- If you have not done so already, please send these supplies as soon as possible, including glucagon, providing quick access in case of an emergency.

6. Students are required to come to the health room if they are experiencing symptoms of hyperglycemia or hypoglycemia.

- In the case that it is unsafe for your student to walk to the health room due to dizziness, light-headedness or other symptoms that would make walking unsafe, please have your student stay where they are and communicate their needs to the teacher. The teacher will then call down to the office requesting the nurse to come to the location of your student to assist them.
- Please talk with your student about the importance of making the nurse aware of any health concerns they are experiencing.

Please sign below to acknowledge you have read and agree to the guidelines provided.

Upper School Principal (print and sign)

MASD School Nurse (print and sign)

WSCA School Nurse (print and sign)

Parent signature: _____ Date: _____

Student signature: _____ Date: _____